

Thurrock Young Parents Supported Housing Grays, Essex

▶ YOUNG PEOPLE

Thurrock Young Parents Supported Housing includes Ruth House, a nine-bedroom shared house, Dell Road, a move-on service with seven one-bedroom flats, and two additional two-bedroom shared flats.

We provide support for single young people aged 16 to 25, who are pregnant, or have a child or children. We encourage young parents to develop their skills, increase their self-confidence and live as independently as possible.

- ▶ Staff on-site during the day
- ▶ Short-term supported housing for up to two years
- ▶ Communal facilities include a lounge, kitchen and garden



“We support people
on their pathways for
independence.”

Local Service Manager, Thurrock Young
Parents Supported Housing



About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

Accommodation



Accommodation type

Ruth House is a nine-bedroom shared house. Dell Road T is also seven one-bedroom move-on flats and two separate two-bedroom flats.



Location

Close to supermarkets, shops, nurseries, local colleges and public transport links for easy access to the town centre and London.



Communal areas

Ruth House has a communal lounge, kitchen, laundry room, buggy room and garden. Dell Road has a shared garden. The two-bedroom flats have a communal lounge and kitchen.



Technology

We can provide assistive technology for extra reassurance, which can be purchased at an additional cost.



Safety and security

Staff office on-site, CCTV and a secure door access system to ensure residents' safety and security.



Rental agreement type

Rooms are let on a licence agreement and flats on an assured shorthold tenancy agreement.

Support

Our highly-trained staff draw up a personalised support plan with residents using the Young Person's Star model. They're encouraged to build on their skills and strengths, with the aim of moving on to independent accommodation within two years.

Staff are on-site from 9am to 10pm, Monday to Friday, and 9am to 1pm on Saturday and Sunday. There is also an out-of-hours telephone service, if residents require any further support.

Tailored support, advice and assistance includes:

- › Daily living skills
- › Maintaining a tenancy
- › Managing finances (budgeting and benefits)
- › Cooking, cleaning and shopping
- › Parenting skills
- › Accessing education, training and employment
- › Maintaining health, safety and security
- › Building confidence, resilience and self-esteem
- › Signposting and accessing other services
- › Maintaining appropriate behaviour and good communication

How to apply and eligibility

To apply directly, please contact us for an application form. We also accept referrals from the housing team at Thurrock Council.

All support needs will be assessed before an application is accepted.

To be eligible for a place at Thurrock Young Parents Supported Housing, applicants must:

- › Be single and aged 18 to 25
- › Be pregnant, or have a child or children
- › Have a five-year connection to the borough

We also provide community-based support to clients in the local area.

Contact us

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