

Birmingham Vulnerable Adults Pathway Edgbaston



MENTAL HEALTH AND LEARNING DISABILITY

Birmingham Vulnerable Adults Pathway comprises three supported housing services across Birmingham: Lightfoot House, Old Vicarage and Osbourne House. We support vulnerable adults aged 25 and over with a wide range of support needs, including mental health needs and learning disabilities.

- Supported housing for vulnerable adults
- Tailored support packages offering 6 hours per week
- > Staff on-site during office hours



"We support people on their pathways for independence."

Local Service Manager



About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

Accommodation



Accommodation type

Three services comprising 25 single-occupancy bedrooms and 5 one-bedroom apartments. Each apartment has a bedroom, lounge/diner, kitchen and bathroom.



Free Wi-Fi in communal areas. We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



Each service has easy access to local amenities such as shops, restaurants, parks, colleges, cinemas and public transport links.



Communal

Shared spaces at each service include a lounge, dining room, kitchen, laundry room, bathroom and garden.



Safety and security

Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



All properties are let on an assured shorthold tenancy agreement.

Support

Staff draw up a personalised support plan with residents using the Mental Health Recovery Star model and the Life Star model, as appropriate.

Our highly-trained staff are on-site during office hours at all services, giving residents peace of mind that support is on-hand. There is an out-ofhours telephone service, should residents require any further support.

We support residents to manage and improve their personal safety and improve social, emotional and mental wellbeing.

Tailored support, advice and assistance includes:

- > Maintaining a tenancy, managing rent
- Managing finances (budgeting and benefits)
- > Cooking, cleaning and shopping
- > Building confidence, resilience and self-esteem
- Maintaining health, safety and security
- > Accessing education, training and employment
- Dealing with correspondence
- Signposting and accessing other services
- Planning a successful move-on
- Developing hobbies and interests

How to apply and eligibility

We accept referrals from Birmingham City Council. All support needs will be assessed before an application is accepted.

To be eligible for a place at Birmingham Vulnerable Adults Pathway, applicants must:

- Be aged 25 or over
- Require 6 hours of support per week

Residents can purchase additional telecare technology for an enhanced sense of confidence and safety at home and in their community.

Contact us

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