#### Sanctuary Supported Living

## **Albert Road** Bolton

## MENTAL HEALTH

Located in the historic town of Bolton, Albert Road provides accommodation as well as intensive housing management and housing-related support for ten adults aged 18 or over with a range of mental health needs.

- Fully furnished en-suite bedrooms which include a fridge and tv point
- Staff on-site during office hours, with an evening concierge service
- > Short-term supported housing for up to two years



# "We **support people** on their pathway to **independence**."

Local Service Manager, Albert Road

#### **About Sanctuary Supported Living**

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway to independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

#### Accommodation



Nine fully furnished en-suite singleoccupancy rooms in the main shared house. There's also a self-contained single-occupancy 'move-on' flat designed to help residents manage the transition to living independently.



Located in a residential area, within walking distance of local shops, a supermarket, public transport links and Queen's Park.



We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



Staff are on-site during office hours, plus there is CCTV, a secure door access system, and an evening concierge service.

#### Communal areas

Communal areas include a kitchen and lounge/diner, for residents to socialise with others. There are also computer facilities, a shared garden, and a vegetable patch.



All bedrooms and the singleoccupancy flat are let on assured shorthold tenancy agreements

#### Support

We have extensive experience in supporting people with mental health needs who require support with their everyday needs, encouraging them to develop their skills and live as independently as possible.

Our structured package of tailored support uses the Recovery Star model to agree a personalised support plan, helping residents to identify their needs and aspirations. Their progress is regularly monitored and reviewed with the plan updated to reflect any changing needs.

Staff are on-site during office hours and there is an evening concierge service, giving residents peace of mind that support is always on-hand. We also offer a pre-tenancy workshop for residents who are working towards living independently.

#### Tailored support, advice and assistance includes:

- > Day-to-day general needs
- Managing finances (budgeting and benefits)
- Socialising and community involvement
- > Cooking, cleaning and shopping
- > Maintaining health, safety and security
- > Dealing with correspondence
- > Signposting and accessing other services
- Planning a successful move-on

#### How to apply and eligibility

We accept referrals from Bolton Council's Adult Social Care and Mental Health teams. All support needs will be assessed before an application is accepted.

### To be eligible for a place at Albert Road, applicants must:

- > Be aged 18 and over
- > Have a mental health need
- > Require a minimum of four hours of support
- > Live in the Bolton area

#### Contact us

24 Albert Road, Heaton Bolton BL1 5HF

01204 849 737

Albert.road@sanctuary.co.uk

#### www.sanctuary-supported-living.co.uk

Sanctuary Supported Living is a trading name of Sanctuary Housing Association and Sanctuary Home Care Limited, both exempt charities.

